THROMBOCYTOSIS IN HOSPITALIZED CHILDREN

V. Vlacha, G. Feketea, S. Mantagos

Department of Pediatrics, University Hospital of Patras Rion, Patras, Greece

<u>vasovlaha@mail.gr</u>

The incidence of thrombocytosis, the clinical findings and the relationship between the platelet count (PLT) and other blood parameters (WBC, Sedimentation Rate-SR) were evaluated by studying the patients' charts (admitted during the year 2001) with one peripheral blood count (CBC) and the ones with at least two CBC's, separetely.

Thrombocytosis (PLT \geq 600,000 cells/mm³) was seen in 198/1549 (12.8%) patients with at least one CBC. They were hospitalized 9 days vs 6 days of the non-thrombocytic ones. 71% of them were less than one year of age. The final diagnosis was occult bacteremia in 20.7%, urinary track infection in 18.6%, pneumonia in 14.6%. On the other hand 33% of the patients with urinary track infection had thrombocytosis, 24% with bacterial meningitis and 19.2% with pneumonia. 108 /372 (29%) patients with at least two CBC's had PLT \geq 600,000. The SR and the WBC were higher in thrombocytic patients: (58.5 mmHg vs 41.7 mmHg, p<0.01) and (17,000 cells/mm³ vs 14,100 cells/mm³, p<0.01) respectively. 64% of them developed thrombocytosis on the second week of the illness. Those patients had significantly higher SR than the ones admitted with thrombocytosis (64.5 mmHg vs 45.3 mmHg, p<0.01).

Conclusions: The secondary thrombocytosis is most commonly seen in younger patients with more serious illnesses (higher WBC and SR, longer hospitalization). It develops in 1/3 of the patients with urinary track infection, 1/4 with bacterial meningitis and 1/5 with pneumonia on the second week of their illness.